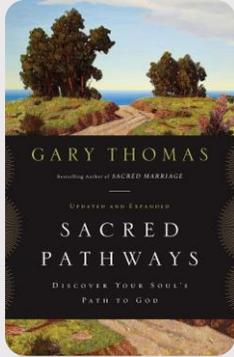


# One Page Book



## Title:

Sacred Pathways -  
*revision*

## Sub-Title:

Discover your soul's path  
to God

## Author:

Gary Thomas

## Synopsis:

It's time to strip away the frustration of a one-size-fits-all spirituality and discover a path of worship that frees you to be you. Experienced spiritual directors recognize that all of us engage with God differently, and it's about time we do too.

Sacred Pathways reveals distinct spiritual temperaments--and their strengths, weaknesses, and tendencies--to help you improve your spiritual life and deepen your personal walk with God. *Below is a revision of these pathways.*

Activists – these are people who sense God's calling to speak for Him in various settings and get energized when they obey. They feel God's presence and strength when they are used as His hands and feet.

Naturalists – these are people who feel closest to God outdoors in nature. They love the sights, smells, and sounds of nature and believe God has given everything a rhythm that we can connect.

Contemplatives – these are people who look for solitude and simplicity to connect with God. They can experience God with others, but nothing like being alone with Him. Spending time alone with God brings things back into perspective.

Intellectuals – these are people who love new concepts or finding new truths about God. Nothing energizes them more than a stimulating discussion about God and His ways that enlightens those involved.

Artists – these are people who see God in beauty, whether its in pictures, scenery, writing, music, dance, or anything artistic. They find that art gives them the avenue they need to express themselves and they love interacting with others like them.

Traditionalists – these people experience God through reverent rituals, festivals, disciplines, and symbols. They have a deep appreciation for history and desire to make past practices “live” again.

Care-givers – these are people who love God by loving others. They believe God is compassionate above all, and so experience Him most when they are caring for the needy, the sick, and the poor.

Enthusiast – these are people who could worship and praise the Lord all day long. Nothing draws them closer to Christ or gets them more excited than a celebration that is done well and with passion.